



In this Issue

New EM Services

The Glory House Board of Directors

Spring Employer Luncheon

St. Patrick's Day!

A Client's story - Jason C.

A Client's Story - My name is Joe

Donate

Spring into Action and Wellness

Glory Fit

Check us out on Facebook!

[facebook.com/gloryhouse](https://www.facebook.com/gloryhouse)



The Glory House
4000 S. West Ave.
Sioux Falls, SD 57105
(605) 332-3273
www.glory-house.org



New Electronic Monitoring Service

Glory House is very excited to announce that we have contracted with Telmate Guardian to provide a new effective and low cost electronic monitoring option for low to medium risk clients. This additional service furthers our goal of using the newest available technology that efficiently and effectively serves our clients and referring agencies.

Telmate is a smart phone based GPS monitoring solution that will be offered to pre-trial, probation and parole clients who are low or medium risk. Both adults and juvenile clients will be able to use Telmate. This service has innovative face and voice recognition technology which lowers the chances of deception. The advantage for our clients is that this service eliminates the need for, and costs associated with, an ankle monitor. For supervising officers, Telmate allows supervisors to quickly and easily monitor a client's location and to communicate reminders and instructions.

Glory House will continue to provide GPS ankle monitors for higher risk clients.

Some of the benefits of Telmate are:

- The supervising officer is able to schedule meetings and send reminders using the "event calendar" feature.
- With fees of \$5.00 per day and an enrollment fee of \$10.00, the service is less costly than a GPS ankle monitor.
- The service has audio capability and takes background pictures during check ins, allowing the supervisor to see where the client is and whether his/her speech is impaired.
- The service provides GPS tracking via the client's smart phone.
- Notifications can be sent to the client by email or text message.■

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Spring Employer Luncheon

Seven employers and agencies attended our spring employer luncheon on March 21. These attendees heard about the programming and services Glory House offers. Two clients shared their own stories about the transformations they have made while living at Glory House and maintaining steady employment. The employers thanked the talented staff that they have met at Glory House.

Attending the luncheon were: Lawrence & Schiller, Teleservices, Agan Drywall, Camille's Sidewalk Care, Employment Agencies, Fatherhood LSS, Bridges with Center for Active Generations and Employment Edge.

Our clients could not be successful without meaningful employment. Glory House and its residents are grateful for the partnerships we have with employers in this community. Thank you for attending and for your continued support!



Here is a list of items that are in need at The Glory House...

- Bikes
- Bus passes
- Phone cards
- Stamps
- Gift cards

For the rewards closet...

- Candy
- Notebooks
- Towels
- Home essentials
- Male and female hygiene products
- Movie tickets
- Plastic hangers
- Greeting Cards/stationery

St. Patrick's Day!

We celebrated St. Patrick's Day in a fun and healthy way. Clients were able to invite their friends and family for a meal and then we did a St. Patrick's Day themed photo booth. This is one method of helping our clients find a new way to celebrate a holiday that is often associated with substance use. ■



A Client's story - Jason C.

I started using marijuana in 2nd grade and escalated to hard drugs by 12 or 13 years old. Nevertheless, I still was a 4 wheeler and sprint car racer all over the United States. Doug Wolfgang told me I had a "winning lottery ticket". I was also a college football player for the University of Sioux Falls. In fact, I could have taken over my parents trucking company and instead I could not stop using drugs, primarily methamphetamines. I lost my professional racing career and gave up the opportunity for a successful business. Eventually, I did quit doing drugs, I was indicted on federal conspiracy charges and went to the federal prison. I was released to the Glory House and the program made a real difference in my life. I believe that the counseling helped me process the past.

The counselor's one on one sessions, gave me someone to talk to about my plans, family and work. I was able to build up trust with someone. I was not a pre-planner and having to make out a schedule and learn to manage my time is still something I do today. I was a bit of a rebel and I no longer am, it takes too much energy to be angry. I transitioned back into society and learned the rules of life. Now I can enjoy a happy life and help others see a better way. I am currently a co-facilitator for the MRT classes at the Glory House to give back to others. I am still working on letting go of regrets and improving my relationships with others. Most importantly, I have plans and goals, they may be different from what I Initially wanted, but I have new plans. ■



A Client's Story - My name is Joe

I was raised in a rough gang neighborhood, the first day of kindergarten I ditched school. Go figure, I had a good childhood, I was an Honor Roll student, in Statewide Choir and loved music. But in 1980 everything changed, I broke up with my first love and tried to hang myself. That was the second time I cheated death, my mom was in a bad accident when she was pregnant with me and I almost did not make it.

School was very troublesome, I was always fighting, ditching or drunk. I knew where to get the best drugs, score alcohol and where the best parties were happening. I ran the hood, my street name was very unique, I was called "No one". I fell in love again and stole the money for a plane ticket to go see her in California, I was 13. I quit school in 9th grade and worked full-time. I also started a band called the "Hippie Werewolves". Eventually I met my ex-wife and we got married and had a child, Cassandra Beth. I tried to get my life together but I became a very dark and sometimes a demonic person. I worked cleaning windows on towers, 54 stories high, and I was drunk every day. I went through some very bad times, I fell in love with a prostitute who tried to kill me. She stabbed me in the spine and left me to die. It took me 9 months to learn to walk again but I went right back to her. I was homeless and saw a lot of violence, rapes, stabbings and shootings, even I was shot at a couple of times. In 2000, I went to prison for a bar fight and at trial was found not guilty on all counts but 1, menacing to a police officer. Again, I witnessed violence and sexual assaults in prison. In fact, I bought magazines for body armor. You could hear cries all night. Finally, I was granted the half-way house 3 times and ran every time.

I finished everything in August of 2010 and went right back to drinking. My brother called and the US Marshalls were looking for me. It was for child support, I had a good job at Pepsi so I figured they would just take it from my check. I turned myself in and shortly thereafter was on plane called Con-Air to South Dakota. The Glory House staff helped

me get a job and I got to a Level 4 with no incidents. I saw my daughter for the first time in 23 years. Everything was perfect, something came alive in me and it was Love, Hope, and Happiness. My life now is like a tilt-a-whirl at the carnival. Although I have stumbled a little and went back to the Glory House they accepted me and gave me a second chance. I went through counseling and a thinking curriculum that was intense. God spoke to me and something happened. I am so happy the staff at the Glory House did not give up on me. Today I am a Level 5 and facilitate AA meeting, have a sponsor, am a grandfather, dad, and a role model for other residents. But most importantly I'm alive and I am sober. My crazy life has not damaged me it has made me stronger. I learned Love, Patience, Hope and Acceptance. I am not where I want to be yet but I am not where I used to be. Thank you from the bottom of my new heart. And did I mention, I still love music! ■

I want to help The Glory House

Please accept my gift to help Glory House residents gain the skills they need to be successful in transitioning back into the community.

The Lord Loves a Cheerful Giver. - 2 Corinthians 9:7

Amount Enclosed: \$ _____

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

P.O. Box 88145
Sioux Falls, SD 57109-8145
605-332-3273
Fax 605-332-6410

Donate online at glory-house.org



Spring into Action and Wellness

Stress is an unfortunate part of daily life for all of us. Despite hearing continually about how stress leads to early aging and chronic disease, we continue to worry about work, money, family, health at far higher levels than what is healthy for us.

For Glory House clients, stress can be overwhelming. Most of our clients come to us with nothing. They have lost their jobs, their homes and, many times, the support of their families. They are starting at the very beginning to build brand new lives. We want to help them build healthy lives by improving their minds, their bodies and their spirits—and changing their behavior. Does that sound stressful???

Glory House continues to offer new opportunities to help our clients in their journey to becoming sober, healthy and productive citizens of our community. One of our new

opportunities this year is a wellness program. In addition to Glory Fit (see below) we will be offering smoking cessation classes, nutrition classes, meditation and healthier options in our vending machines.

Adding new programs does not mean that we do not appreciate our existing relationships in the Sioux Falls community. We are blessed with a supportive community that continues to offer jobs, rental homes and donations to our organization and our clients. We deeply appreciate these partnerships.

However, the needs still exist. Please consider making a donation to Glory House using the coupon in this newsletter or by going on line. Thank you all for your support.

“Love your neighbor as yourself.” ■

Glory Fit

When I got hired in late fall 2015 at the Glory House, I had a goal to get a health and fitness program started. Health and fitness is a passion of mine as well as the field in which I studied in college. I know the power of taking care of one's health through personal experience and watching others change as well. So during my interview process at the Glory House I made sure that I told them of my desire to get a program started, fast forward three months and on February 28th we held our first Glory Fit session. Glory Fit is the name I have given this health and fitness program at the Glory House. The goal of Glory Fit is to provide a positive outlet for clients at the Glory House through opportunities to train their bodies physically as well as tools to improve their health as they transition back to their homes. During our first session of Glory Fit we took a trip to my own personal training studio and lifted weights. We are going on a month now of Glory Fit and the results have been awesome! We

take two groups each Saturday to lift weights and to get active, it has been great to see several male clients return each week as well as new faces signing up for the group. One thing that really encourages me personally so far with Glory Fit is the comradery and team building I have seen. Guys are encouraging one another as we lift and push ourselves physically. Another encouraging part for me with Glory Fit has been the clients who continue to sign up each week, showing a strong desire to work hard and improve their physical standing.

In the future I plan on holding different group meetings for clients at the Glory House to give them general nutrition advice and different ways they can stay fit when they leave the house. We are in the beginning stages of Glory Fit but with a strong start to the program I expect things to continue to improve and grow! ■

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