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The Glory House
4000 S. West Ave.
Sioux Falls, SD 57109
(605) 332-3273
www.glory-house.org



Phoenix: Rising From Addiction

A Story of Addiction and Family in Sioux Falls

This last year I published a book titled Phoenix: Rising From Addiction about my mom's alcoholism and depression. My mom, Mary Ann Giebink, has been sober for five years now and is working at the Glory House to help others succeed in their recovery as the Development Coordinator. I grew up in Sioux Falls and I am currently a senior at Gustavus Adolphus College. I wrote this addiction memoir to tell the story of how my family fought our way out of the fires of addiction and rose together, stronger from the ashes. The book has a unique perspective, since I am the daughter of an addict and not an addict myself. The story is how I experienced a loved one's addiction and I explore the ways family members and friends can help aid in our loved ones' recoveries. Addiction is personal, yet universal. There are a variety of reasons why individuals become addicts and get clean and sober but often the experience is the same for all involved. I want others who are in my situation to know that there is hope for a brighter future. It is possible to overcome the tragedy of addiction. Some of the proceeds from the book will be going to the Glory House to expand their mission.

Phoenix Rising is on sale at Zandbroz (Sioux Falls) and JoJo's Closet (Brandon). There is a book signing at Face It Together Sioux Falls, 5020 S. Tennis Lane, on Jan 13th between 4-7 p.m. For more information and to purchase the book go to alexagiebink.com ■

2 Corinthians: 6,7

But as to this, whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Let each one do just as he has resolved in his heart, not grudgingly or under compulsion, for God loves a cheerful giver.

**The Glory House
Board of Directors**

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Recovery Month Luncheon

To celebrate Recovery Month in September we invited referral agents, partners in the criminal justice system and other community agencies to Glory House for a luncheon. Judge Joni Cutler was kind enough to come speak at the luncheon about the importance of recovery. “Once you understand that recovery is a journey, you see people in a different light,” Cutler said. In attendance were also three past clients of Glory House that spoke about their recovery journey. They shared stories of how their addictions began, how they came to be at Glory House and what their lives have been like since they left. One of the past clients shared about recently losing his brother to addiction and how that has reaffirmed the positive impact of sobriety on his life, as he could have easily been in the same place. The luncheon had a

positive impact on many. It reminded the past clients of how far they have come and hopefully motivated the current clients by showing them how far they can go from here. It also reminded Glory House staff of the impact we can make on clients and how that benefits our community. “Our communities are so much better off if we have sober and healthy people,” Director Dave Johnson said. “It also helps break the cycle if we support those who are working on recovery.” Glory House would like to extend a thank you to the people that came to speak and celebrate recovery month with us. ■

**Here is a list of products that are in
need at The Glory House...**

- Bicycles (to assist clients in getting to work)
- Bus Passes
- Long sheet shirts
- Long johns
- Gloves
- Stocking caps
- General hygiene (no cologne)
- Thermal socks
- Shoes/boots
- Gift card to cheap seats
- Razor blades/ shaving cream
- Hair clippers
- Planners

For the rewards closet...

- Phone cards
- Stamps
- Soda
- Candy
- Notebooks
- Towels
- Home essentials
- Male and female hygiene products
- Movie tickets
- Plastic hangers
- Greeting Cards/stationery
- Novels

Acknowledgments

Thanks to...

**The Sioux Falls Area
Community Foundation for
the grant that enabled us to
purchase donor management
software (ETapestry).**

**The Sands Foundation for a
donation of \$41,650.24.**



Congratulations Dave!

I would like to take a moment to share with all of you about the award Dave received while at the International Community Corrections Association (ICCA) conference this past week in Boston. Dave was granted the J. Bryan Riley Meritorious Service Award, which is

recognizing an individual whose work exemplifies the ideals of ICCA and who have delivered outstanding service to community corrections. Congratulations Dave!! Thank you for your dedication to Glory House and our mission. ■

Kari Joldersma, CAC
Clinical Coordinator

Glory House & Lions Club



Pictured: Dave Johnson, Glory House; Rich Engels, Lion's Club, 2nd Vice President; and Danielle Sickinger.



On Tuesday December 8th, the staff at the Glory House had their annual Christmas Party at Chef Dominique's. There were 58 people there consisting of staff and their loved ones. On the menu was a tasty prime rib and a scrumptious chicken cordon blue. There were multiple games played with everyone and even some that allowed our management crew to show their competitive spirit. Our wonderful cook Jackie received the Employee of the Year award which we all agree she deserved! Thanks to Greg & Pam Sands for hosting the party and thanks to the GH Board of Directors for their thoughtful Christmas gifts! ■

I want to help The Glory House

Please accept my gift to help Glory House residents gain the skills they need to be successful in transitioning back into the community.

Amount Enclosed: \$ _____
Name: _____
Address: _____
City: _____
State: _____ Zip: _____
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P.O. Box 88145
Sioux Falls, SD 57109-8145
605-332-3273
Fax 605-332-6410

Donate online at glory-house.org/donations

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Amber Broomfield	Empire HVAC	Kay Aisenvrey	Randi Helder
Avera Behavioral Health Center	Faith Temple Church	Lamont Walker	Rochelle Jones
Barb Amindsonreiter	First Lutheran Church	LeEtta Bennett	Royal Fork
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Deb Konz	Jeni Haberberger	Mr and Mrs Blake Hoffman	Tracy Large
Dick Devaney	Jenna McConnel	Mr and Mrs Daughetee	UBS employees
Disabled American Veterans	Jimmie Eloff	Norm Meester	United States Probation Office
Dizco	Joan Giebink	Pam and Greg Sands	Westmall 7
Don and Pat Daughetee	Jolene Kleen	Papa John's	Willy Hoff
Donna Meinen	Julie Wilka	Pat and Craig Lloyd	
Doris and Kermit Rye	Karris Neuman	R. Erickson	
Emily Smith		Rahel Kary	

The Miracles of the Season

Recently the Glory House/Sands Freedom Center enjoyed our annual client Christmas party. As you might imagine, providing a meal, lots of cookies, gifts and a special visit by Santa and Mrs. Clause is chaotic and fun. Staff looks forward to this special night, as they pull together community donations, bake cookies, wrap presents, and wear Elf and ugly Christmas sweaters as they help our clients celebrate the birth of Christ. Over many years Glory House and the Sands Freedom Center has been blessed to have the opportunity to potentially touch the hearts of who we work with. It is a miracle to watch our men and women, some of who have spent the last fifteen years in prison, laugh with eyes opened wide as they open the many gifts that Glory House/Sands Freedom Center and our community gives them. A common comment heard year in and year out is how "Christmas at Glory House is the best Christmas they have ever had." Another miracle is helping a hard hearted man, who hasn't been home to see his kids open presents for years, clumsily wrap a gift for a daughter he has only met once. As he smiles, a tear drops from his face. As you enjoy

Christmas, give thanks for the day to day miracles most of us enjoy. Thank-you to many generous donors for thoughtful gifts that have helped so many of our clients and our staff. And please keep the men and women that we serve in your daily prayers. Without your good will, our work can't be done.





2015 SDAAPP Fall Conference

by Sally Holiday, LAC

Glory House was a silver sponsor at the 2015 SDAAPP Fall Conference on September 16, 17 and 18th in Mitchell, SD: Addiction and Trauma Recovery: Mission Possible. The conference was attended by three Glory House staff: Kelly Cleveringa, Mary Giebink and Sally Holiday.

The conference was very informative and the speakers very knowledgeable professionals. Cardwell Nuckols, PhD, did a workshop on Post Traumatic Stress Disorder and Traumatic Brain Injury on Wednesday, September 16th. He shared about moral injury and making sure we understand our clients have a subjective experience. He indicates the best treatment is strength based and he reminded us that change starts where the client is. He shared invaluable information about how the brain works and different segments that can be affected and the chemical changes in the brain due to trauma. The most important thing I took home from his lecture was that the safety plans or suicide contracts we have our clients sign are problematic. What we need to be utilizing is SPI or safety planning interventions. He suggested making a "Safety Plan Card" (that they can keep with them) with the clients and including on the card: people, phone numbers, and thoughts or pictures of their family members to assist them when feeling suicidal.

On 9/17/15, Dr. David Lee presented on the new American Society of Addiction Medicine (ASAM) criteria. He discussed the DSM V and the changes as they relate to the ASAM criteria and the dimensions and the levels of care. He informed us about the changes to the ASAM criteria, updates and taught us how to determine appropriate levels of care utilizing the 6 dimensions. The most predominant thing he spoke about for me was establishing Discovery Plans instead of Recovery or treatment plans. This addresses the clients' readiness to change, meets the clients where they are at and allows the treatment agency to establish dropout prevention plans. He stated programs, even if they are evidence based, that are modalities with numbers of days is not addressing what the person needs, but the program needs. Our goal, as clinicians is to keep the client engaged in services as long as we can to assist them in moving through the stages of change. He indicated there are no failures in the process because it is a disease, similar to high blood pressure, diabetes, cancer, etc.

He indicated the terms we previously used to describe clients, such as resistance should not be used because it creates resistance. We need to use engagement terms and look for actions and what they are willing to do. We are to engage the client as the participant by asking what does the client want, why, how they will get there and utilize their strengths. We need to transfer levels of care and utilize decisional care to discharge the client when they achieve their goals, not when the number of days is up. Clinicians need to shift from recovery plans to discovery plans to increase the client's adherence to their goals (not compliance with the program or court systems). He indicated Consequences, compliance and control are not treatment concepts. Treatment concepts are: communicate, accountability and responsibility. He also suggested we establish Staff Development plans, change agents and systems change to work to maintain the clients' engagement and not terminate because they have a flare up with their disease. If we issue a consequence, it should be because they miss treatment, not because they are under the influence of a substance or a relapse.

The conference ended with an upbeat, positive note on Friday from Joyful Living Therapy and we were able to participate in laughter therapy and relaxation. Thanks to Dawn, SDAAPP, and Central Rockies ATTC for putting this conference together! ■



2015 International Community Corrections conference

In November of this year some of the Glory House management staff was given the opportunity to attend the International Community Corrections conference in Boston, MA. This Association had 4 keynote speakers and several workshops to attend. The conference continued on for another few days and provided several workshops on criminal justice related topics that hit just about every area in the field from the mental health to predicting release outcomes all the way to the HOPE program and using swift, certain and fair monitoring for those client's on probation.

We were very lucky for the opportunity to meet staff from other agencies around the state and seeing and hearing the techniques and structure used at other locations. We were able to tour another residential re-entry center similar to ours however also completely different at the same time, we were able to sit down and discuss the similarities and get some ideas on how to improve our agency in some ways. This was a great experience for our staff, not only did we have a great conference but we were also able to do some sightseeing, check out some great restaurants and we had lots of laughs along the way. Thanks to Dave and the Board of Directors for giving us this opportunity and hopefully we can continue to attend these trainings and get more staff involved. ■



OWaste' Intensive Outpatient Program

The OWaste' Intensive Outpatient Program started on September 8, 2015 at The Glory House. The White Bison Intensive Outpatient Treatment Program was in existence before, but this time around, the Indigenous Counselor/Facilitator, Theresa Henry; BA, ACT developed and implemented the Lakota/Dakota/Nakota Traditional Based Teachings the White Bison Curricula. The Facilitator practices this spiritual based way of life that is depicted as a pagan religion in textbooks, contrary to the Traditional based teachings. The OWaste' IOP implements the Seven Sacred Values (Truth, Respect, Love, Bravery, Humility, Generosity, and Wisdom) that are parallel to the Ten Commandments of the Christians as well as the STOP Technique which is a cognitive based therapy. The OWaste' explains the effect of historical trauma, explains what historical trauma responses are, and the healing practices from historical trauma which is cultural based knowledge to help gain understanding, forgiveness, and healing. The participant's goal is to seek their personal vision of hope and recovery through teachings, principals, laws and values. Wicozani (Good Life) is an integration of spiritual, physical, mental, and emotional realms in living traditional values and a belief system supportive of healing from addiction which may be caused by historical trauma. ■

Help Us Help Someone
Have A Happy Holiday



Greetings to All,

Each year hundreds of clients walk through the doors of the Glory House and the Sands Freedom Center. When these clients enter, they are struggling with addiction, mental health issues, unemployment and poor life skills. The vast majority leave Glory House and the Sands Freedom Center with a new start in life as sober, productive citizens.



While Glory House prides itself on the excellent services that it offers, it also needs to have a welcoming place in which to provide these services. The Sands Freedom Center opened in 2008 and has not been updated since then. The Glory House is also in need of improvements. Your donation will enable us to provide the clients of the Sands Freedom Center and the Glory House with facilities that will foster their integrity and pride in themselves.

The Greg and Pam Sands Foundation is committed to raising \$100,000.00 this year to refurbish the buildings at the Glory House. All donations will be used to purchase furniture, flooring and mattresses. The buildings will also receive security upgrades. If funds are available, we will fund a tattoo removal program for clients. The Foundation is donating the first \$25,000.00 towards this goal.

Help us help the clients of Glory House and the Sands Freedom Center achieve sobriety, employment and self-respect.



Thank you,
Greg & Pam Sands Foundation

Yes, I want to help the Greg & Pam Sands Foundation reach their goal.

Name: _____ Telephone #: _____

Address: _____

City/State/Zip: _____

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\$25 \$50 \$100 \$250 Other: \$ _____ Check Cash MasterCard Visa American Express

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Signature: _____

Please don't acknowledge my donation publicly. Please email my tax receipt.

**Please Mail to: Greg & Pam Sands Foundation • 47030 Phillip Street • Sioux Falls, South Dakota 57108
OR Contact Connie at 605.361.3177**

100% of All Donations to the Greg & Pam Sands Foundation are used to support the missions of the foundation.



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Glory House

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