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The Glory House

4000 S. West Ave. Sioux Falls, SD 57105 (605) 332-3273 www.glory-house.org

From the President

Our Christmas Hope and Prayer

As we celebrated the 50th birthday of Glory House, I was reminded of the many times that Pastor Roger Fredrickson told me, "I had no idea that this crazy idea of a halfway house would take off." But it has. Thousands of lives have been changed because of it. And with your help, even more lives will be impacted.

On November 8, 2018, Glory House took ownership of part of the lot where the former ice skating rink stood. By next summer we plan on providing affordable housing for individuals with arrest records. But first we must secure \$202,000 for the down payment on the first 24 apartments. We are pleased to report that because of generous donors like you, most of this sum has been raised. Now we are in the "home stretch."

Between now and December 31st Glory House needs to raise the final \$50,000.

Remember, when this first building is complete the impact will be felt by many. Our tenants will have clean, affordable and well-maintained housing. Rent will be based on income and no resident will pay more than \$550 per month. They will have professional counselors available for substance abuse concerns and mental health care. Case managers will be there to help them navigate, for many of them for the first time, a new responsible lifestyle.

Another impact of safe and supportive housing is the addition of sober, eager employees for our community. The positive impact will be felt by the parents, siblings, partners and children of our residents as well (over 50% of current Glory House clients have children under the age of 18.)

The costs of courts, jails and prisons (paid for by taxpayers) decrease with each day a tenant has a place to call home. As they develop a lifestyle of healthier living, pride in their growth, and being a productive member of our community, their prayers will be answered.

The impact is real. See what one of our clients has to say.....

"Glory House is like a championship football team in which they work with you in all phases during a persons' stay, and you are a human being, and not a number." (RS)

Roger spoke of the dandelions. Our Faith in God speaks to us in many ways. For me, part of God's message today is to help those "dandelions" return to productive lives. Now it is up to you, our friends in the community. Will you help me, the Board of Directors, the staff, and those that have already donated to make a difference?

Please consider a generous gift today.

Board of Directors

Ryan Kolbeck, President Jim Schmidt, Past President Cynthia Howard, Secretary Dave Johnson, Glory House President

Nicole Dvorak, Compliance & Human Resource Director

Board Members:

Mike Johnson

Hal Perry

Todd Nelsen

Sheila Reding

Chad Belitz

Eric Gulden

Dana Fisher

Kent Alberty

Terryl Cadwell

Ryan Howlett

Advisory Committee:

Charlotte Bartels

Deb Peters

Lee Stadem

Deb Voigt

Glenn Stanley

Greg Sands

Here is a list of items that Glory House needs...

- · Bicycles and bike locks
- Gloves/hats
- Work boots & Steel-toed boots
- Calendar Planners
- Bus passes
- Postage stamps
- AA/NA books
- Winter coats
- Phone cards
- Carpentry Tools
- Underwear
- Socks
- Art Supplies

For the rewards closet...

- Candy
- Notebooks
- Towels
- Home essentials
- Movie tickets
- Plastic hangers
- Hygiene products (Men's & Women's)
- \$5 Gift cards
- \$10Gift cards

GLORY HOUSE 50TH BIRTHDAY BASH RAISES FUNDS, RECALLS PAST, LOOKS TO FUTURE

More than 175 friends of Glory House joined together at the Hilton Garden Inn on September 27 for Glory House's 50th birthday celebration. Jim

Schmidt and Jim Woster were MC's for an inspiring evening of client testimonies, live music and a keynote address by Dr. John Arden of Kaiser Permanente Medical Centers in Northern California. Special guests included children of some of Glory House's founders and first "houseparents," and the widow of one of the first clients.



Dr. Arden's visit to Sioux Falls was sponsored by the South Dakota Associ-

ation of Addiction and Prevention Professionals (SDAAPP), of which Glory House is a member. His presentation cited the evidence-based practices used at Glory House, assuring our donors that their contributions are supporting programs that have a positive impact in the lives of our clients. (One innovative example he gave is the SEEDS model, which stands for Social-Education-Exercise-Diet- Sleep. If clients are able to meet all of these in needs in a healthy and moderate fashion, it helps to eliminate the damage done to the brain from trauma early on in life. Talking about the SEEDS model with clients has given them hope that they have control to make changes in their life, despite past trauma they have endured.)

Everyone attending the anniversary celebration had several ways to contribute financially to Glory House's "Building Hope" project. The ticket price of \$50 included a contribution to GH along with payment for the meal. A silent auction featuring everything from martial arts lessons to a trip to Napa Valley, California, generated additional funds. Many guests made gifts from their mobile device, motivated in part by the descriptive slides that were scrolling on the screen throughout the evening. A total of \$38,000 was raised toward the \$202,000 needed for our initial commitment for the new Glory House efficiency apartments. About \$50,000 is still needed to get this project off the ground. In this season of Thanksgiving we are grateful to everyone who attended and donated!

HIGHLIGHTS FROM THE 50th BIRTHDAY BASH

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HELPING CLIENTS TO CLAIM THEIR LIVES....

"I walked through the door with the clothes on my back, a pair of prison issued boots, and a bent and broken mind, body and soul. These strangers that dedicated their lives to walking people out of a hopeless state of being, lifted me up out of the dark emptiness that was my future. The little things that so many of us take for granted: clothes, food, a job, a safe place to rest, and most importantly a place where I could be loved and encouraged to be successful. These kind and caring individuals loved me at a time in my life when I had no idea how to love myself. They proceeded to guide me into the transformation of my life. It's been a few years now and I still go there from time to time to lend a hand or lean on my loved ones, Lord knows I will never be able to reimburse the staff at the Glory House for love, education, and life path that they've provided."

--Brian

THE FUN SIDE OF RECOVERY



The party committee prepares for Halloween.



Turning Glory House into a haunted house involved the time and hard work of many people, but is was worth it to hear a client say, "I haven't laughed this hard in years.







SPEAKING OF SOBRIETY



Speaking of Sobriety volunteers are current and former residents of Glory House who want to share their stories as a way to inform and assist those who may be struggling. For the past 20 years, Speaking of Sobriety volunteers, organized by Addiction Counselor Sally Holiday, have spoken at schools, service club meetings, the Juvenile Detention Center and at Glory House events. The volunteers share their personal stories of struggling with and overcoming addiction, highlighting the healthy coping skills that they have developed.

The group took a 'break' for the past few years, but Sally brought it back to life this fall. In October, Sally and three former Glory House residents (pictured) spoke at Washington High School. Volunteers will be visiting Lincoln High in the next few weeks.

The counselors at Glory House know that value of this interaction with the public. Sally says, "It gives our clients a sense of pride and accomplishment. They feel good that they are doing something positive. They come back just beaming."

Sophie is a former Glory House resident who is enthusiastic about the SOS program. She started speaking about four years ago and continues to speak. Sophie entered Glory House as a recovering meth addict whose use affected her life and caused untold stress for her family. Now she is successfully living on her own in Sioux Falls and holds two jobs. Sophie says that telling her story reminds her of where she was and how far she has come. She hopes that her story will help someone else to see that a different, clean and sober, life is possible. She wants to show people that there is hope. "They are not alone. Other people have gone through this and can come through it healthier and stronger."

Terry is another former resident who spoke at Washington High. Terry has been doing public speaking for about two years and quickly joined SOS when it reactivated. "Prison is a stressful place. Having a place like Glory House really helps you get back into society. It's really good to have some rules and limits."

Terry enjoys speaking to younger people through SOS. It makes them look at their futures and makes them think about how deep the rabbit hole of addiction can be. I hope I can keep someone out of that."

All three of the clients who spoke at Washington High felt that giving back was important. Terry said, "What Glory House was able to do for me is important. I'm glad to be able to do this as a way of giving back."

PLANNING FOR THE HOLIDAYS

Although Christmas seems a long way off, the elves at Glory House are already making plans for the Christmas events at Glory House. Case Manager Angela Matson is planning food and gifts for the client party on December 13. Her helper is Counselor Amanda Przymus who is organizing games and fun. Kelly Cleveringa's mother will attend the women's party to provide a "spa treatment" (nails, hair, make-up).

In addition, Pam Sands visits the women at Glory House before Christmas. She brings food and presents, and talks about her own struggles as a way to inspire the women at Glory House to succeed.

Kelly is hoping that Glory House supporters will be as generous this year as they have been in past in providing presents for Glory House residents and their children. Glory House gives each resident a hat, gloves, and a planner. Clients are also given door prizes at the party, including gift cards (WalMart, West Mall theatre, Target, other clothing stores.) New socks and sweatshirts are also appreciated.

One special part of the Glory House Christmas season is providing toys for the clients to give to their children. Each child aged 0-18 gets a present and some stocking stuffers from their parent. Any presents left over after the gift giving are saved, so clients can give their child a birthday present.

Kelly's Christmas wish for this year is a new suit for Santa. Santa always visits the Glory House Christmas party and his clothes are getting frayed.

Kelly emphasized the importance of the Christmas season at Glory House for clients who have been separated from their children and families for months or years. "It's a time for them to relax, re-connect with loved ones, see staff in a different light and know that people care about them." Every year Glory House staff hear comments like, "this is my best Christmas ever.", or "I didn't know people cared about me enough to give me a present."

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Glory House

Electronic Monitoring 605-988-9116 ctowns@glory-house.org

Out Patient Services 605-988-9103 kcleveringa@glory-house.org



"I have struggled with opiate addiction for 10 years. I've done horrible shameful things to myself and the people who love me, just as addiction will do.

But today I can say I have over 7 months clean (the longest I've ever been able to get together) and I owe a lot of it to the Glory House and some of the amazing staff that were working there when I was a resident.

There is life after addiction, no matter how far deep you are! I am living proof. Never give up! Life is so beautiful if you want it to be!"

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